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**MAP OF SEA ISLE CITY**  
**&**  
**BEACH -GOER'S CHECKLIST**

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## The Beach-Goer's Checklist

Before you head out for seaside lounging, it might be a good idea to make a checklist of all the things you need. Maybe you can avoid that, "Oh, no, I forgot..." scenario.

- \* Sun-tan lotion
- \* Beach tags
- \* Cash for snacks or rentals
- \* Hat or visor to shade your head and face
- \* Water-resistant sandals or "water shoes"
- \* Sunglasses
- \* Spray bottle with water
- \* Folding beach chair
- \* Beach umbrella
- \* Towels
- \* Blankets
- \* Cooler with ice
- \* Thermal drink holders
- \* Variety of beverages, including lots of water
- \* Light snacks
- \* Frisbee, tennis ball, football or beach ball
- \* Raft or body board
- \* Paddleball game
- \* Pail and shovel for the kids
- \* Reading material and reading glasses
- \* Kite
- \* Mosquito/bug repellent

**Enjoy your day at the beach!**

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